

Quick Start Checklist:

- Know the three most important showing rules
- Understand the Judge's card
- Know the objective of each event in the sport
- Know the NRCHA competition classes
- Join your local reined cow horse associations
- Know who and where are your local trainers
- Be Familiar with cow horse terms
- Estimate the annual costs/budget
- Have your tack sized and show-ready (saddle, bridle, reins, cinch etc)
- Know clothing rules for showing
- Understand the key elements to riding a reined cow horse
- Know the best bit for you and your horse
- Be comfortable with neck reining
- Know how to lope your horse
- Understand what to do on the flag with your horse
- Have a practice area set up at home
- Watch videos, watch cow horse competitions, ask questions!